

EXERCISE SCIENCE MAJOR

GENERAL EDUCATION - 72 hours

BIBLE & THEOLOGY – 30 hours

BIB 213 Hermeneutics

BSF 103 Foundations of Spiritual Formation

NTE 103 Introduction to the New Testament

NTE ___ New Testament Elective

OTE 103 Introduction to the Old Testament

OTE ___ Old Testament Elective

THE 303 Introduction to Theology

THE ___ Theology Elective

6 hours of Bible/Theology Electives from any BIB, BMI, GRK 333, 343, HEB 223, 333, 343, NTE, OTE, THE, or approved integrative courses

HUMANITIES – 15 hours

COM 113 Introduction to Communication

ENG 113 Freshman Composition I

ENG 123 Freshman Composition II

HUM 103 Western Thought & Culture

3 hours ENG Literature Elective

SOCIAL SCIENCES – 12 hours

PSY 243 Developmental Psychology

PSY 283 Sport & Performance Psychology

3 hours History Elective at the 100-, 200-, or 300-level

3 hours Social Science Elective from ANT 203, CSG 113, ECO, GHY, HIS, ICS 323, POL, PSY 343, 383, 483 or SOC

COMPUTER, SCIENCE & MATHEMATICS – 15 hours

BIO 114 Biology I

BIO 124 Biology II

CHM 214 Chemistry I or

PHS 204 Introduction to Physics

MAT 253 Introduction to Statistics

MAJOR – 42 hours

BIO 354 Anatomy & Physiology I

BIO 364 Anatomy & Physiology II

BIO 443 Nutrition

EXS 213 Introduction to Exercise Science

EXS 223 Exercise Diagnosis & Prescription

EXS 333 Motor Development & Learning

EXS 343 Exercise Physiology

EXS 353 Principles of Conditioning

EXS 363 Biomechanics

EXS 411 Senior Seminar

EXS 423 Measurement & Assessments

EXS 473 Clinical Practice I

EXS 483 Clinical Practice II

PED 313 Prevention & Care of Injuries

Open Electives 12 hours

TFC 100

4 SAO Service and Outreach Opportunities

Total – 126 hours