

# First Steps in Music Workshop FAQ'S

Toccoa Falls College

## Frequently Asked Questions

### What is First Steps in Music?

John Feierabend's *First Steps in Music* curriculum is designed to prepare children to become "Tuneful, Beatful, and Artful" for the rest of their lives. This research-based, practitioner-proven curriculum helps guide students to sing, chant, dance, feel, express, and play their way to musical independence. Folk songs, rhymes, and classical music serve as the primary source materials used to develop musical minds and abilities. First Steps in Music contains everything needed to lead a music class for an infant/toddler class or for preschool and early elementary students. Participants will become well-versed in the 8-Part "Workout" of First Steps in Music as they take a deep dive into Singing and Movement Development in the early years.

Children who learn to be tuneful, beatful, and artful grow into adults who benefit from what music can offer. Those that go on to sing in choirs or play an instrument will do so in a more musical manner. Those that do not choose to later sing in choirs or play an instrument will still be enriched by being able to share music in their daily lives.

The First Steps in Music curriculum is a musical workout that takes place each time a class meets. There are eight different activities in each workout.

The following are the eight musical workout activities:

1. Pitch Exploration (vocal warmups)
2. Fragment Singing (echo songs/call-and-response songs)
3. Simple Songs (3-5 note songs)
4. Arioso (child-created tunes)
5. SongTales (stories that are sung)
6. Movement Exploration (movement warmups)
7. Movement for Form and Expression (movement to show form)
8. Movement with the Beat (movement to reinforce beat and meter)

Steps 1-4 are especially tuneful, Steps 6-8 are especially beatful, and all Steps are artful!

### What days and times will they meet?

- Wednesday, July 22<sup>nd</sup>: 9:00 am – 4:00 pm
- Thursday, July 23<sup>rd</sup>: 9:00 am – 4:00 pm
- Friday, July 24<sup>th</sup>: 9:00 am – 4:00 pm
- Saturday, July 25<sup>th</sup>: 9:00 am – 2:00 pm

## **COVID-19 Update:**

To conduct this course in a safe and effective manner, the number of potential participants will be capped at 30. In order to reserve one of those 30 spots, a \$50 deposit is required. Georgia has been successful so far in slowly opening up business and commerce. If in July, however, COVID concerns necessitate the course be cancelled, all deposits will be refunded in full.

Tables and chairs will be spaced in such a manner that 6 ft. social distancing is maintained and sanitizers and cleaners will be available all around the facility. Packaged snacks will remain available but will be handled exclusively by our host wearing protective gloves.

If you have any further questions, feel free to contact us at [yhenriques@tfc.edu](mailto:yhenriques@tfc.edu).

## **Where will the course meet? And how much does it cost?**

- At Gate Cottage on the beautiful campus of Toccoa Falls College, Toccoa, Georgia.
- \$325 for the course
- \$50 deposit by May 30<sup>th</sup> and full payment due by June 15<sup>th</sup>; Full refunds until July 15<sup>th</sup>.
- Half refunds available after July 15<sup>th</sup> *or* Reserve a spot in a 2021 Dr. Strong course.
- A discount is available for folks who have already taken another course with Missy Strong. Inquire with her for more details.

## **Will First Steps materials be available for purchase at the workshop? How much do they cost?**

All materials listed below (required and otherwise) can be pre-ordered through the instructor for Free Shipping and must be paid for on the first day of class. Additionally, the *Feierabend Fundamentals* book is offered at a 20% discount if ordered through the instructor. Pre-orders will be organized via an email to all participants approximately one month before the workshop. For individual pricing, check the GIA website: <https://www.giamusic.com/products/P-5380.cfm>

### **REQUIRED RESOURCES:**

- *First Steps in Music* for Preschool and Beyond (G-5880)
- *Feierabend Fundamentals: History, Philosophy, and Practice* (G-9736)

### **HIGHLY RECOMMENDED RESOURCES:**

- *First Steps in Global Music* (G-9966)
- *Keeping the Beat* (CD-493)
- *Book of Pitch Exploration* (G-5276)
- *Move it! Volume 1* (DVD-549)
- *Move it! Volume 2* (DVD-756)
- *Book of Movement Exploration* (G-5876)
- *Music for Creative Movement* (CD-903)
- *First Steps in Music in Action* (DVD-947)
- *Lomax: the Hound of Music* (DVD-829)
- *First Steps in Music for Kindergarten and First Grade: In Action* (DVD-10)

## OTHER RECOMMENDED RESOURCES:

- There's a Hole in the Bucket (CD-645)
- Book of Echo Songs (G-5277)
- Pitch Exploration Stories (G-6509)
- Pitch Exploration Pathways (G-6510)
- First Steps: Infants/Toddlers (G-4974)
- First Steps ... Parent Handbook (G-9693)
- Book of Playground Songs/Rhymes (G-8747)
- Book of Song Dances (G-8663)
- Old Joe Clark (CD-647)
- Book of Call and Response (G-5278)
- The Book of Canons (G-8552)
- Book of Fingerplays/Action Songs ((G-5877)
- Book of Children's Songtales (G-5280)
- Book of Beginning Circle Games (G- 5878)
- First Steps ... Infants/Toddlers in Action (DVD-1033)
- First Steps: The Lectures (DVD-875)
- The Book of Canons (G-8552)
- Had a Little Rooster (CD-646)
- Book of Songs/Rhymes with Beat Motions (G-5879)

## What do we need to do before the course starts?

1. Read a brief article (2016 Tempo Article Feierabend Fundamentals Part 1 - First Steps) which will be sent out a month before the class.
2. **If possible, purchase and watch Lectures 1 & 2** of First Steps in Music: the Lectures at <https://www.giamusic.com/store/resource/first-steps-in-music-lecture-1-who-is-a-musical-person> and <https://www.giamusic.com/store/resource/first-steps-in-music-lecture-2-endangered-musical-minds> (This is not required)
3. Listen to **Season 1, Episodes 11/12 (Infants/Toddlers) and Episode 1 (Preschool and Beyond)** of The Tuneful, Beatful, Artful Music Teacher Podcast in which Dr. Feierabend gives wonderful insight into First Steps in under 45 minutes! [bit.ly/TuBeArtfulPodcast](http://bit.ly/TuBeArtfulPodcast)

## Is campus housing available?

No. Unfortunately, there is no available on-campus housing. There are several local housing options, just a few of which are listed below. Check the internet for more local options and for some great Air B&B options.

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|------------------------------------|--------------|---------------------|
| • The Simmons-Bond Inn, Toccoa, GA | 706.282.5183 | 1.7 miles from TFC  |
| • Hampton Inn, Cornelia, GA        | 706.778.0040 | 15.8 miles from TFC |
| • Holiday Inn Express              | 706.356.2100 | 17.5 miles from TFC |

## Are any meals provided?

Meals are not provided. However, healthy snacks, water, tea, and coffee are provided on site throughout the workshop. Local meal options include:

- TFC dining commons
- 25-30 area restaurant and fast food options (large list provided upon arrival)
- Salad bar or other food items at the local Ingles, Quality Foods, Walmart

- Some hotels also provide meals

### **What do we need to bring with us?**

- A light sweater, sweatshirt, or jacket (for occasionally cool air conditioning)
- Comfortable shoes and clothes (for movement activities and dancing)
- Laptop or Notebook
- Homemade cookies for Missy are optional 😊

### **How do I pass the course?**

There is a brief quiz on FSiM method. If time allows you may be asked to teach one of the steps of the method to the class.

### **Do I get a certificate showing that I passed?**

Yes. You will receive a certificate showing that you completed the required hours and are certified in First Steps as well as the date you received it. It will be emailed to you, so please make sure to register with an email you frequently use to make sure that you receive it.